



## Application Form

Thanks for showing interest in Celebrating Abilities not for profit organisation and wanting to sign up to receive a service from us.

We do have a process that we go through so hope you can take 10 to 20 minutes to complete this.

Our service is free to those that participate however it does come with a set of non-negotiable points of agreement.

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1. You are prepared to complete a testimonial towards the end of the program

Yes      No

2. That you will give us 24 hours' notice. If you cancel less than 24hrs and without a doctor's certificate, we may need to reassess your involvement in the program and may even charge a fee. Commitment is essential. We are committing to you to show up, so would appreciate this in return.

Yes      No

3. Photos and Video's before and after are allowed to be taken with your permission and be used for marketing the program. We will also check with you too beforehand, to make sure all images etc are to your liking and illustrated with respect

Yes      No

## CONTACT INFORMATION

FIRST NAME

LAST NAME

STREET ADDRESS

CITY

POST CODE

STATE

BEST PHONE NUMBER TO CONTACT YOU ON

EMAIL ADDRESS

Tell us why you would you like to receive Free complimentary - Personal Trainer, Life Coaching and or Counselling from our team at Celebrating Abilities?

What is the name of your disability or challenge? How does it affect you personally?

Do you use any aides like a wheelchair, walking frame etc?

Do you take medications?

Yes

No

If yes, please list your medications.

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Who can we contact to find out more about you and your condition and how it affects you? This helps us understand you and your needs so we can help you achieve your goals.

NAME of Doctor, Osteopath, therapist or specialist

PRIMARY PHONE NUMBER

SECONDARY PHONE NUMBER

EMAIL ADDRESS

Do we have your permission to contact them?

Yes      No

What are your 3 main goals you would like to achieve from participating in Celebrating Abilities?

What do you think would limit you from achieving success on this program? Time, your thoughts, body just as an example. By listing your concerns we can help you work through these too.

Do you require assistance with a Carer?

Yes      No

Will you bring your own Carer with you?

Yes      No

If you don't need a Carer, do you still then require a volunteer to help you with the sessions?

Yes      No

If you need us to organise a volunteer for you, do you have a preference? Choose from the following.

Female      Male      Either

Is there anything we need to know about you that we haven't asked already?

Once this form is completed we will then get back to you to let you know based on your questions if we are a right fit to work together. You'll need to make a commitment and show up on a regular basis as required.

**If you do not make a commitment and don't have a valid reason for cancelling without notice and or a doctor's certificate, you may lose your spot until it is available again as remember it's a free service and have many people on a waiting list too.... So there is always someone else willing to commit if you can't.**

Once we have a vacancy, as currently have a waiting list, we will ask you to come in and do an actual fitness assessment and find out more details about you so we can plan a program perfectly around you, so we can then start!

We rely on funding to get this program running as depend on trainers, life coaches and Counsellors to assist us making this successful as it is for you. At present we only have Margie available as the trainer, so there is a waiting list.

\*\* We can provide Online consultations via Skype also..

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Please confirm that you have read and filled this form out to the best of your ability, or with assistance and understand. If you need help to understand this application, please let us know.

Yes I understand

No I do not understand

I need further help

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Thank's for taking the time to complete. Please email back completed form to:

Email: Margie Cerato Celebrating Abilities - [margie@celebratingabilities.org.au](mailto:margie@celebratingabilities.org.au)

Phone: 0412 526 383