

COVID-19 Safety & Cleaning Policy

Dear Valued Clients,
Safety and cleaning procedures and protocols are now put in place. Prior to attending your session in the Vibes Fitness studio, you are required to read & agree to the 'COVID-19 Safety and Cleaning Policy' below.

Client obligations Health **DO NOT come to the studio if you display the COVID-19 symptoms.** Self-isolate immediately, seek medical advice from their GP or the DHHS 24-hour coronavirus (COVID-19) hotline on 1800 675 398, and get tested. Symptoms may include. Fever -chills or sweats -cough- sore throat -shortness of breath- runny nose- loss of sense of smell. In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered.

DO NOT return to the studio if you have had any of the above symptoms until you have been cleared by a doctor. A health certificate will be required to verify your recovery prior to returning to the studio.

Face (surgical) masks optional –In the Vibes Fitness Studio, please Sanitise or wash hands with soap and water (minimum 20 seconds) or an alcohol-based hand rub (at least 60% alcohol). Sanitising stations are on bench tops. Maintain social/physical distancing in accordance with recommendations made by the Victorian Chief Health Officer.

Obligations The 24-hour cancellation policy will apply if you are unable to attend your scheduled session. Please read. If an instructor displays the COVID-19 symptoms, the studio will be promptly closed, and all sessions cancelled until all staff members have been cleared by a Doctor. The affected staff member will have to produce a doctor's certificate stating that they are clear of the virus prior to returning to the studio. You will be notified by email or phone if there is a sudden unforeseen closure due to the virus. We will continue to monitor expert advice as the Corona virus (COVID-19) situation develops, from the Department of Health and Human Services (DHHS).

In the Studio Vibes fitness will provide sanitising solutions. Sanitising stations will be set up prior to entering the studio. We will promote maintaining good hygiene practices and social distancing within the studio. We will increase cleaning and disinfecting of common areas, high touch surfaces, door handles, light switches, bathrooms & bench tops. We keep names and phone numbers of everyone who enters the studio, so we may notify if needed. We are currently organising a bar code for entry. Yours in health & wellness margie. **X0**

www.vibesfitness.com.au and www.celebratingabilities.org.au